

# 2024 Graham Little League Football 10U League

## 11 vs. 11

### NCAA / High School 11-man rules will govern with the following exceptions:

#### A.) Midget Tackle

- 3<sup>rd</sup> & 4<sup>th</sup> Grade teams will participate in a modified version of tackle football to enhance development. The Midget Tackle game will follow rules established by the NCAA / High School, as well as the GLLFA rules and a separate specific Midget Tackle set of rules for that level of play.

#### B.) Game Length

- Games: 10-minute quarters, with 2:00 stopping clock in the 2<sup>nd</sup> and 4<sup>th</sup> quarters.
- All Half Time periods will be a minimum of 5-minutes in length, up to a maximum of 8-minutes.

#### C.) Scoring

- Touchdown .....6 points
- Point after TD by run or pass .....1 point
- Point after TD by kick .....2 points
- Safety (awarded to opponent) .....2 points
- Field Goal .....3 points

#### D.) Player Weight

- No weight rules for Ball Carrier or offensive backfield player.
- Players are allowed to play any position all season.

#### E.) Equipment

- Footballs used must follow the guidelines below.
  - Game balls sized Junior TDJ
  - Any footballs not listed above and wished to be used for league play must be approved by a league board member.
  - Home teams are required to supply game balls for both teams unless the visiting team chooses to use one of their own.
- Shoes: Molded type and screw-in lug type shoes are allowed, screw-in lugs should not exceed 5/8" or have metal tips.
- Electrical devices (walkie-talkies) are not allowed on field during contests.
- Jersey numbering for player position is not enforceable and any player can wear a number between 0 and 99. No duplicate numbers shall be permitted.
- Mouth guard use must follow NCAA / High School rules. Mouth guards that have been modified or chewed to render them unsuitable for their intended purpose will also be

unacceptable. When a modified or chewed mouth guard is discovered, the player will be asked to replace the mouth guard but will not be penalized.

- No player is allowed to wear hoodies or any other clothing in which the fabric extends over the shoulder pads or helmets.
- No jewelry is allowed.

#### F.) Game Field Rules

- A spectator restraining line is required – a minimum of 10-yards from the playing field.
- Responsible persons age 12 or older must work the sideline chains and down-box for all quarters.
- Recommendations to be used / available during game play:
  - Field clock, could be kept by officials
  - Stopwatch, used to keep play clock
- Play clock shall be kept by game officials:
  - Officials will use the 45 / 25 rule
  - With 10-seconds remaining, head official will hold his hand up
  - With 5-seconds remaining, head official will hold his hand out to the side
- Field dimensions:
  - Measured from home sideline to visitor numbers wide and 80 yards between the touchdowns. Touchdowns are 10 yards on either end.
  - Dimensions can be adjusted during the season by the league rep. or board member

#### G.) Championship Game

- A championship game will be played the last weekend of the season following a playoff.

#### H.) Coaches / Players Conduct

- The Head Coach is responsible for conduct of his assistants, players, and sideline conduct of parents.
- Only (2) coaches allowed on the sidelines during a game.
- Only the Head Coach is allowed to call time outs and address the officials.
- No profanity or abusiveness (trash talk) shall be directed at any officials, coaches, players or spectators.
- Any coach ejected from a game will be suspended from the next scheduled game.
  - If the league feels the offense is serious enough to warrant additional game suspensions, they will have the power to suspend a coach for additional games.
  - Any coach receiving two (2) suspensions during the season will be suspended from coaching the remainder of the season and the following season.
  - Suspension means the coach may not be within site or sound of the playing field.
- Any player ejected from a game will also be suspended from the next scheduled game.
  - Players suspended may not be in uniform but may attend games as a spectator in the stands.
  - All ejections must be reported to a designated league official on the date of occurrence.

- Statements will be needed from the head official and each head coach by Tuesday of the next week.
- No smoking or use of tobacco products is allowed on the sidelines.

#### I.) Grievances – Protests

- The GLLFA President shall establish a Grievance Board to be made up of four persons neutral and independent of the team, club, protest or violation and actions from the league membership. Should a team/club see fit to Protest a ruling from the board/official, they must first put the Protest in writing to the GLLFA President within 48 hours. The Grievance board will either meet in person, conference call, or individual conversations in person or by phone, or communicate via emails about said grievance. The Grievance Board shall have a final determination by the Friday before the next scheduled game. The officials final ruling in games cannot be protested or overruled. All protest of official's calls during the game come from the Head Coach only, who must call a timeout to plead his case one on one with the White Cap. If the ruling is upheld as called, the protesting team is charged for a timeout. If the protest is successful, the timeout will be charged to the official.
- Note that the GLLFA President will make the determination on what issues will be brought to the Grievance Board. Normal Officiating calls on the field will not be heard by the Grievance Board.

#### J.) Special League Rules

- Kickoff
  - Ball will be placed on the receiving teams 20-yard line.
  - No kicking is allowed.
- Hit to Head Tackles – No tackles will be allowed above the shoulders. These tackles include any grabbing, wrapping or holding of the neck or head of any ball carrier. This will constitute a 15-yard facemask penalty.
- Targeting is defined as launching, leading with the crown of the helmet toward the shoulder and head area of another player. If a player is penalized with targeting, there will be a 15-yard penalty on the team and the player will be issued a warning which carries over to each game. If the player has a second targeting penalty, they will be ejected from the current game, and serve a one game suspension. If a third targeting penalty is given, that player will be disqualified for the remainder of the season.
- No defensive player can be lined up directly over the center.
- No blocking below the waist, clipping or chop blocks are allowed from any position on the field.
- During an offensive play, a minimum of 5 players must set at least 1 second on the line of scrimmage. If an outside lineman (tight-end position) is covered up by an outside player that is on the line of scrimmage, the player is ineligible for a pass.
- One offensive and one defensive coach are allowed on the field to call plays. Coaches are not to call out opponents plays or assist players in that capacity. Will be warned once, then assessed unsportsmanlike penalty for this behavior
- A team shall be permitted two (2) time-outs per half.